

Stress and Depression

Dear Stephen

Thank You so much for helping me get over my stressful divorce and the stress of that went with it, as well as moving home.

It seems a whole cloud has been lifted from me following your treatment and medication and I continue to be positive. Life is now what I'm looking forward to even at my age in my 70s and I have you to thank for that.

I don't know how I would have coped without your testing, advice, therapy and positive affirmations.

I am so truly grateful and appreciative of your knowledge and vast experience in helping me get back on my feet again Stephen.

I will recommend you to all my friends from now on.

With my best wishes Mr T,

G. Waddington, Lincoln