I suffer from the autoimmune disease Hashimoto's, and was advised to consult Stephen Allen when I was feeling at a very low ebb. I had had appointments with endocrinologists but they weren't able to get to the roots of the problem, and I was becoming intolerant to more and more foods, feeling tired, having aches and pains as well as horrible palpitations.

In my first appointment, Mr. Allen was able to make several diagnoses: my liver was not able to detox properly and chemicals had accumulated in my body, poisoning the liver and kidneys; I had low levels of adrenal and thyroid hormones; I was deficient in B12 and hydrochloric acid needed for digestion; I had a milk allergy; the pituitary and adrenal glands were not working properly; there was general inflammation; there were some nasty germs which were upsetting kidney and bladder function as well as causing intermittent low blood pressure; my intestinal lining also was being destroyed, creating the multiple food intolerances.

My case was obviously very complicated, but, as an immunologist, Mr. Allen was able to regulate my system through his work with the BICOM machine. The chemicals were removed over time and I was given various medications and treatments to combat the deficiencies and disorders. Mr. Allen was also able to regulate the various hormone levels and I noticed that, as my kidneys improved, the vision problems and choking fits, which I had been experiencing, just stopped occurring.

After a few weeks of treatment, I felt so much better, and felt completely cured after just 7 months. I now look younger; look and feel healthier; I have more energy and have lost 18 pounds in weight and I am able to eat a more normal diet. The milk allergy has been reversed, but I have chosen to remain dairy-free as well as gluten-free. People are saying how well I look following my treatment and it is all down to Mr. Allen who, with his very patient and sympathetic manner, has worked miracles. He has given me back my health and I am now able to enjoy a much better quality of life. He has made such an incredible difference and I don't hesitate in recommending him to people; I am so thankful he was recommended to me.